



# GlucoContro.online Quick Reference Guide





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# How to Log In

- 1 Open a web browser, e.g. Google Chrome, Firefox, Microsoft Edge, etc.
- 2 Go to <https://glucocontro.online/>
- 3 Enter your email address and password, then click “Sign in”

### Sign in to CONTOUR Account

Use your Contour Diabetes ID to sign in.

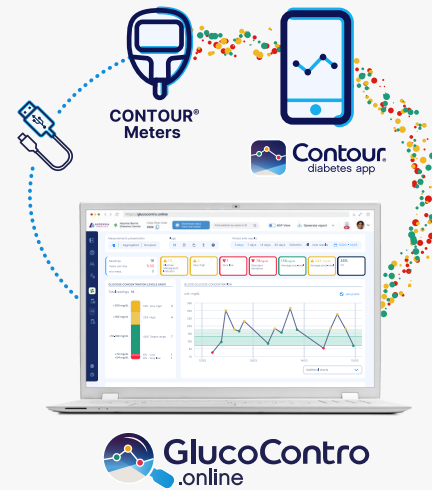
**E-mail address**

**Password**

Remember me [Forgot your password?](#)

**Sign in**

Don't have an account? [Create an Account](#)



**GlucoContro**  
.online

## Supported platforms

You can sign in by using credentials from one the supported platforms.



**GlucoContro.online**  
For patients and healthcare professionals



**Contour Diabetes App**  
For patients

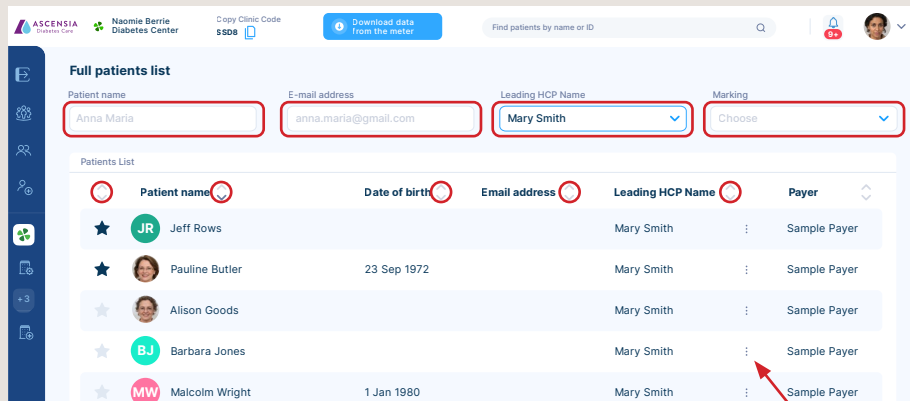


**CONTOUR<sup>®</sup>NEXT Concierge**  
For healthcare professionals

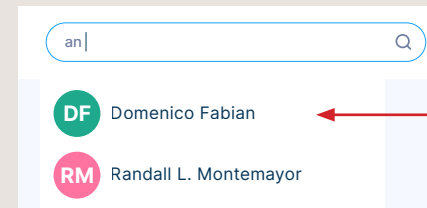
# Finding a Patient

There are three options available to search and find a patient

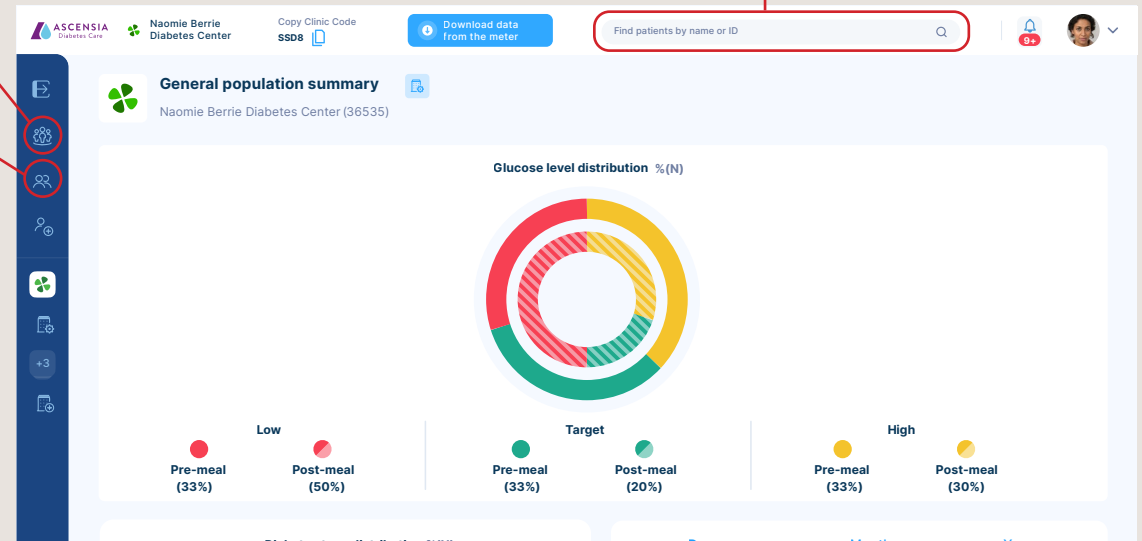
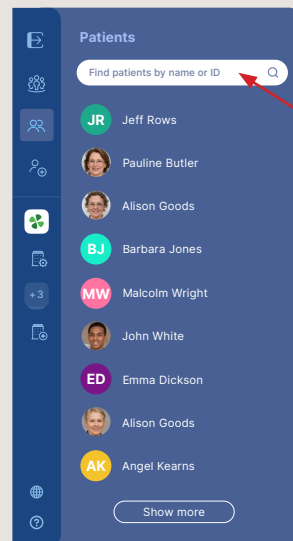
- 1 Click the “Full Patients List” icon**  
To filter a search, use any of the four search boxes. Columns can be sorted ascending and descending by clicking the double-arrow icons. Once your patient is found, click on their name.



- 2 In the main search bar, type in the name or ID of a patient**  
As you start typing, it will automatically search and show matches. The more you type, the more the search will be refined. When you see the patient, click on their name.



- 3 Click the “Patients” icon and a sidebar will appear**  
Either select the patient if seen from the list, or start to type their name or ID into the search bar. As you start typing, it will automatically search and show matches. The more you type, the more the search will be refined. When you see the patient, click on their name.



# Adding a New Patient

There are three options available to add a new patient

## 1 Clinic Code

Give your unique clinic code to your patients. They can use this code when they are logged in to GlucoContro.online, to enroll in your clinic. Once they do this, you can approve their request.

## 2 QR Code

Click the **“Add New Patient”** icon, then click on the **“QR Code”** tab to display a unique QR code. You can get the patient to scan this QR code from your screen using their mobile device. This can be done directly from the camera on most devices and does not require any specific app. The patient can then enroll to GlucoContro.online, and this will link them to your clinic.

## 3 Manual Entry

Click the **“Add New Patient”** icon, then click on the **“Manual”** tab and enter the patient first and last name. These are the minimum details required to add a new patient. If you want to invite the patient to share their data, check the invitation statement and add their email address.

Additional patient information can be added by clicking the dropdown icon next to **“Optional Information”**.

Once complete, press the **“Add new patient”** button and they will be displayed under the patient list.

The image shows a screenshot of the GlucoContro.online interface. At the top, there is a navigation bar with the Ascensia logo, the user's name 'Naomie Berrie Diabetes Center', and a 'Copy Clinic Code SSDB' button. Below this is a 'General population summary' page for 'Naomie Berrie Diabetes Center (36535)'. The page features a 'Glucose level distribution % (N)' donut chart and a 'Diabetes type distribution' section with 'Pre-meal (50%)' and 'Post-meal (30%)' categories. Two modal windows are overlaid on the page. The left modal, titled 'Add new Patient', has a 'Manual' tab selected and contains fields for 'First Name' and 'Last Name', a checkbox for 'I want to send an e-mail invitation to this patient', an 'E-Mail address' field, and an 'Optional information' dropdown. The right modal, also titled 'Add new Patient', has a 'QR Code' tab selected and displays a large QR code. Red arrows point from the text instructions to the corresponding elements in the interface: from the 'Clinic Code' step to the 'Copy Clinic Code' button, from the 'QR Code' step to the 'QR Code' tab and the QR code itself, and from the 'Manual Entry' step to the 'Manual' tab and the name input fields.

# Customizing & Editing Patient Details\*

ASCIENSIA Diabetes Care | Naomie Berrie Diabetes Center | Copy Clinic Code SSD8 | Download data from the meter | Find patients by name or ID | AGP View | Generate report | 9+ | [User Profile]

**Paul Smith** Synchronized  
age: 36 y/o | Diabetes type: Type 1 | Treatment type: Insulin | Other results | Visit notes | Start the visit

Measurements presentation: All | Aggregated | Grouped | Flags: [Icons] | Period with results: 3 days | 7 days | 14 days | 30 days | 3 Months | All | new results | 12/03 - 14/03

With a patient selected, click the highlighted three dots, followed by **“Edit patient profile”** from the dropdown box.

Paul Smith

- Edit patient profile
- Unmark the patient
- History of visits
- Refresh Data

Personal information | **Health Information** | Glucose Ranges | KPI

Diabetes Type: No response | Treatment Type: Lifestyle

Weight (kg): Enter weight | Height (cm): Enter height

Cancel | Submit

You can now edit and customize their profile under the four headings

- Personal Information
- Glucose Ranges
- Health Information
- Key Performance Indicators (KPI)

Click on the four different headings to switch between them.

Once all the changes have been made, click the **“Submit”** button to save the changes.

\* Not a real patient. All numbers are fictionalized and are for informational purposes only.

# Visit Notes

**1** To start a new visit and capture notes, first click the **“Start the visit”** button.

**2** Once you have captured the notes from the visit, close the visit by clicking the **“Finish the visit”** button.

ASCSIA Diabetes Care | Naomie Berrie Diabetes Center | Copy Clinic Code SSD8 | Download data from the meter | Find patients by name or ID | AGP View | Generate report | 9+ | [User Profile]

Paul Smith | Synchronized | age: 36 y/o | Diabetes type: Type 1 | Treatment type: Insulin | Other results | Visit notes

Measurements presentation | Flags | Period with results

[Start the visit]

Paul Smith | Synchronized | age: 36 y/o | Diabetes type: Type 1 | Treatment type: Insulin | Other results | Visit notes

Measurements presentation | Flags | Period with results | 3 days | 7 days | 14 days | 30 days | 3 Months | All | new results | 12/03 - 14/03

Readings: 16 | AVG Readings: 5.33 | Days without reading: 0 | Glucose Management Indicator: 7% | Very high: 3 | Very low: 1 | Standard deviation: 4.4 mmol/L | Average pre-meal: 5.4 mmol/L | Average post-meal: 13.6 mmol/L | CV: 36%

GLUCOSE CONCENTRATION LEVELS

Glucose Level	Percentage	Category	Count
>13.9 mmol/L	19%	Very high	3
>10.0 mmol/L	25%	High	4
>3.9-10.0 mmol/L	44%	Target range	7

BLOOD GLUCOSE CONCENTRATION

unit: mmol/L | Join points

Click on specific areas of the data or graphs highlighted. This will then auto-create a note based on the item you have clicked and allows you to add your comments. The following areas are information you can click on:

- Readings Information
  - Number of readings
  - Average daily readings
  - Days without reading
- Any of the Key Performance Indicators (KPI) for patient evaluation
- Readings in range chart
- Individual data points on the chart

# Visit Notes Continued

If a visit has been started, then it will appear as an **“Active visit”**. However, you can access previous visit notes by selecting the dropdown menu and then the visit date.

GlucoContro.online (GCO) allows HCPs to communicate to patients from within GCO in the **“Shared”** section.

The private section is an area where HCPs can share clinic notes amongst themselves.

If a general comment needs to be captured, this can be done in the general comments section.

Whenever you add notes under the **“Shared”** section, if the patient is linked and has an account, they will receive an email notifying them that their HCP has added a note.

With all notes, both the HCP and the patient have the ability to reply, by pressing the **“Reply”** button next to those comments.

The Visit notes section can be accessed by clicking on **“Visit notes”** or by clicking the three dots to the left of the person’s name in the title bar. Then from the pop-out box, select **“History of visits”**.

The screenshot displays the patient profile for Paul Smith, a 36-year-old with Type 1 Diabetes on Insulin treatment. The interface includes a top navigation bar with options like 'Download data from the meter', 'AGP View', and 'Generate report'. A 'Visit notes' sidebar is open, showing an 'Active visit' dropdown, 'Shared' and 'Private' tabs, and 'AVG Readings : 5.33' for the period 12/03 - 14/03. A 'History of visits' dropdown menu is also visible, with 'History of visits' selected. The main content area shows 'Measurements presentation' (All, Aggregated, Grouped), 'Flags' (7% Glucose Management Indicator, 3 Very high, 1 Very low), and 'Period with results' (3 days, 7 days, 14 days, 30 days, 3 Months, All). A 'GLUCOSE CONCENTRATION LEVELS' bar chart shows 16 total readings: 19% Very high (>13.9 mmol/L), 25% High (>10.0 mmol/L), 44% Target range (>3.9-10.0 mmol/L), 6% Low (<3.9 mmol/L), and 6% Very low (<3.0 mmol/L). A 'BLOOD GLUCOSE CONCENTRATION' line graph shows glucose levels in mmol/L from 12/03 to 14/03, with a target range shaded in green. A 'Visit notes' sidebar on the left shows a 'Shared' note from 19/03 with a 'Reply' button.

# Managing Clinic Settings

There are three options available to get to your clinic settings

1. The **“Clinic Settings”** icon on the left menu bar
2. The icon in the clinic title banner
3. The drop down menu from your icon at the top right of the screen

Clinic settings are only visible and accessible to healthcare professionals (HCP) with administration rights.

Within the settings you have the option to invite additional HCPs and amend the default blood glucose reference ranges.

**General population summary**  
Naomie Berrie Diabetes Center (36535)

**Glucose level distribution % (N)**

Category	Pre-meal	Post-meal
Low	33%	50%
Target	33%	20%
High	33%	30%

# Adding a Healthcare Professional

(Administration rights needed)

**Clinic's Settings** Naomie Berrie Diabetes Center  
United Kingdom, Healthy Street 123, 1A3-45L London

Professionals | Glucose Levels & KPI | Data & Import

**Clinic's Professionals**

PROFESSIONAL	E-MAIL ADDRESS	LAST LOGIN	LAST LOGIN FAILED
John Mayor	john.mayor@getnada.com	13/03/2024 09:18	09/11/2023 12:40
Mary Hopkins	mary.hopkins@getnada.com	13/03/2024 10:20	Admin

← Back to GlucoContro.online

Naomie Berrie Diabetes Center  
United Kingdom, Healthy Street 123, 1A3-45L London

**Pending professionals**

**You're up to date.**  
If someone requests to join this organization, the request will appear here.

**Invited professionals**

**There are no awaiting invitations.**  
All professionals who have been invited have answered their invitations.

In **“Clinic Settings”**, select the **“Professionals”** tab. Then click on the **“Manage organization”** button.

Next, in the CONTOUR® Account Portal, scroll to the **“Invited professionals”** section, and then click on the **“Invite new professional”** button.

A pop-up box will appear as shown. Enter their name and email address.

If you want to assign them administration rights, then check the box **“Grant admin rights”**.

Press the **“Submit”** button and they will receive an email inviting them to join.

**Invite a healthcare professional**

To invite a new organization member you have to provide user data.

**First name**

**Last name**

**E-mail address**

**Profile type** Professional

Grant admin rights

Cancel Submit

# Importing Meter Readings

ASCIENSIA Diabetes Care

Naomie Berrie Diabetes Center

Copy Clinic Code  
SSD8

Download data from the meter

Find patients by name or ID

General population summary  
Naomie Berrie Diabetes Center (36535)

### Download data from the meter

How does your device connect to the computer?

- Blue cable**
  - CONTOUR®NEXT EZ
- USB Cable**
  - CONTOUR®NEXT
  - CONTOUR®NEXT GEN
  - CONTOUR®NEXT ONE
- USB-C Cable not available**

No supported devices in your country
- Built-in USB not available**

No supported devices in your country
- Bluetooth**
  - CONTOUR®NEXT
  - CONTOUR®NEXT GEN
  - CONTOUR®NEXT ONE

### Download data from the meter

Below you can see a summary of the patient's results. You can view the data by clicking "Preview meter's results" or import the data into the system by clicking "Import results".

Paul Smith [Change patient](#)

**CONTOUR® Meter** Measurements number: **14**  
SN: 7803-P030030

Blood glucose monitoring	12
• Low	5
• Target	6
• High	3

[Cancel import](#) [Import results](#)

or

[Preview meter's results](#)

Select the meter being used from the list and the method you want to use to download the readings.

Click on the corresponding icon.

If the meter has been used before, GlucoContro.online will automatically identify the patient based on the meter serial number it was linked to and display their name. If this is the first download for the meter, it will give you the option to select a patient to link it to.

Click "Import results" to upload readings and the patients details will open automatically.

# Screen Layout Overview

## Clinic Section

Clinic details, patient search bar, download data option, report creation, notifications and the HCP options are all accessible from this section.

## Menu Bar

The menu bar can be expanded by clicking the top icon.

Hovering your mouse over an icon will display a label, making it easy to understand what each button does.

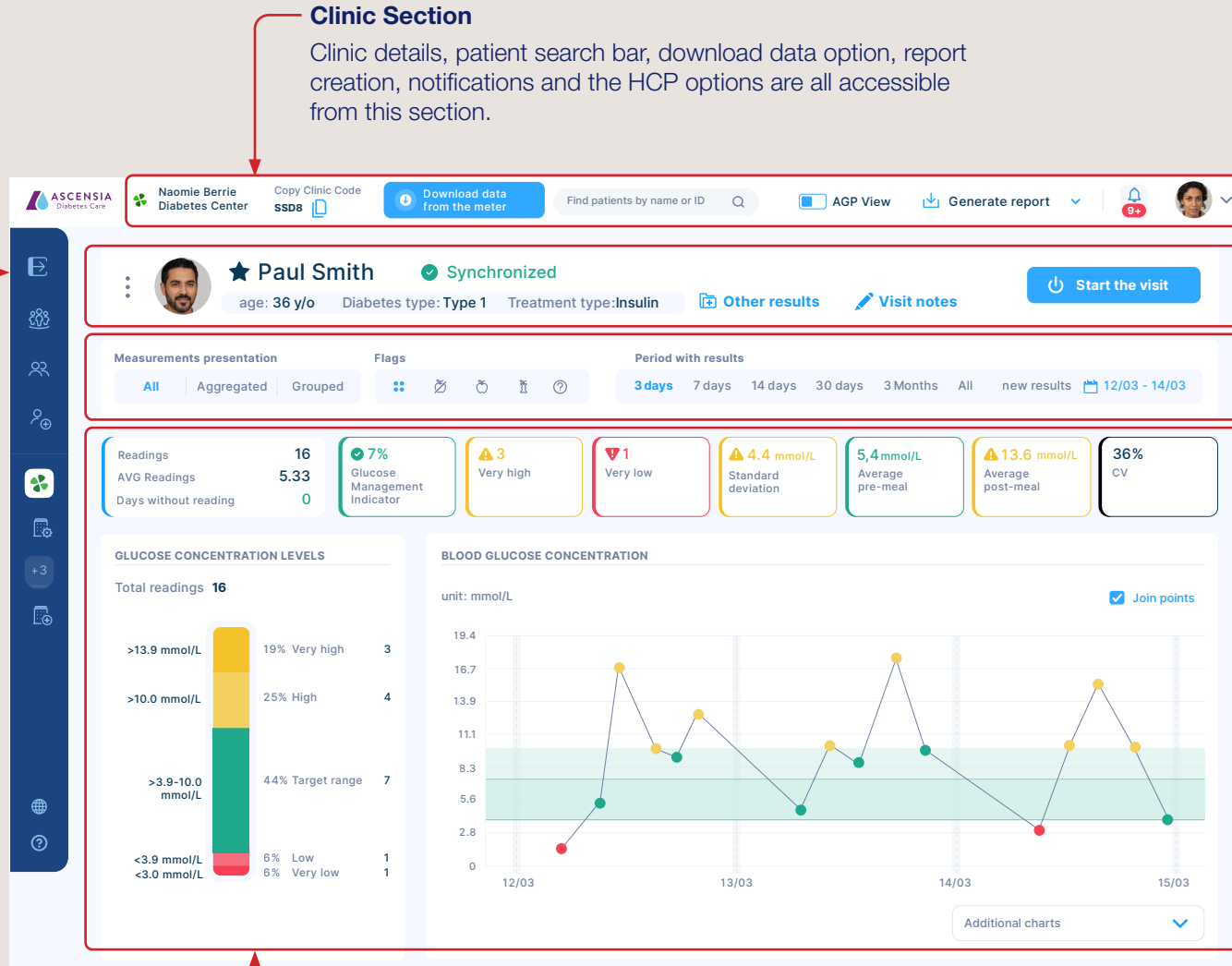
The "Help Center" can be accessed via the bottom question mark icon.

## Patient Section

Patient details, the option to start a visit and the ability to capture notes for this person are accessible from this section.

## Data Selection

Data can be quickly filtered based on the parameters of how you want to view the readings.

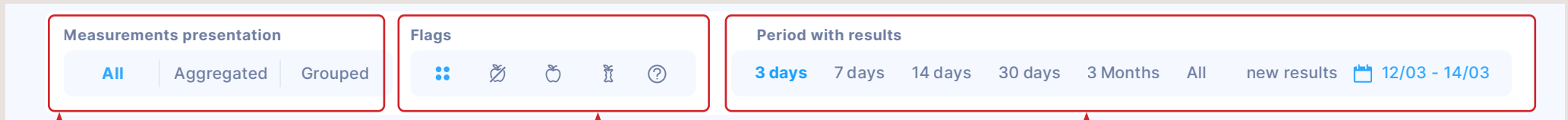


## Data Display

Based on your selected criteria, detailed information and readings will be displayed.

# Customizing Data Views

Selected parameters of the readings being viewed are highlighted in blue, with the example below showing all readings, with all flags over a 3-day period. By clicking different views, the data will immediately update, allowing you to quickly view the data in a variety of different ways.



## Measurement Presentation

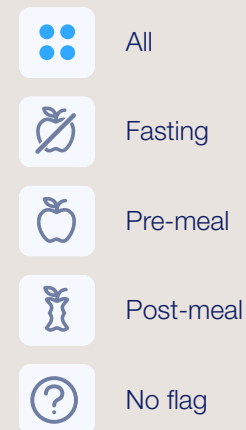
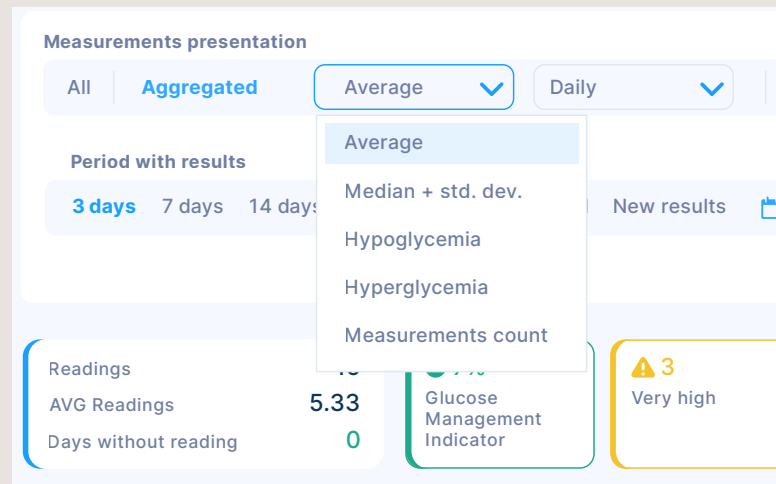
Readings can be viewed all together, aggregated or grouped.  
In both the aggregated and grouped views, you can choose different options and time periods. These can be selected from the dropdown boxes.

## Readings Flags

Readings with meal markers can be quickly selected. More than one meal marker can be selected if required.

## Time Frame

The time period of data displayed can be quickly changed by clicking the time range required.  
All readings or just new readings can be selected, and you can click on the date range to select a specific time period if needed.



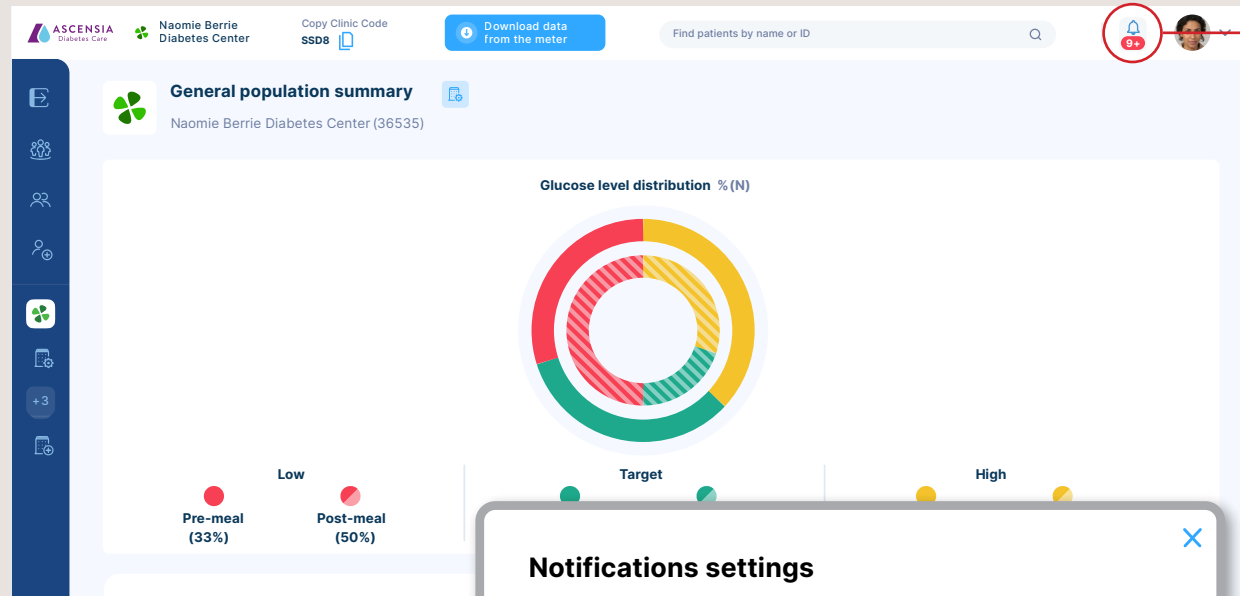
# Creating Reports

A variety of report versions can be created by selecting one after clicking the dropdown menu from the **“Generate report”** button. Depending on the system you are using, you should have the ability to either print a copy of the report or save it as a PDF.

**NOTE:** The reports created will be based on the data selected to review. For example, if 3 days of readings have been selected, then the report will be based on this period of time.

The screenshot displays the GlucoContro online interface for a patient named Paul Smith. The patient's profile includes a star icon, name, and status 'Synchronized'. Key information shown includes age (36 y/o), diabetes type (Type 1), and treatment type (Insulin). The interface features a navigation sidebar on the left and a top navigation bar with options like 'Download data from the meter', 'Find patients by name or ID', 'AGP View', and 'Generate report'. A red box highlights the 'Generate report' button, which has a dropdown menu open. The dropdown menu lists several report options: Standard Dashboard Report, Blood Sugar Report, Blood Sugar Diary Report, AGP BGM Dashboard Report, Patient's BG data, and Gestational report. A 'VIEW SELECTED' button is also visible. Below the navigation bar, the patient's measurements are presented in various views (All, Aggregated, Grouped) and flags (Very high, Very low, Standard deviation). The 'GLUCOSE CONCENTRATION LEVELS' section shows a bar chart with 16 total readings, including 3 Very high (>13.9 mmol/L) and 4 High (>10.0 mmol/L). The 'BLOOD GLUCOSE CONCENTRATION' section shows a line graph with data points and a 'Join points' checkbox.

# Notifications



You can manage which notifications you receive under the notification settings menu.

Check or uncheck the boxes to customize which notifications you want to receive.

Older notifications can be viewed by clicking the “**Open notifications history**” button.

### Notifications settings

Notify me when:

- New HCP has joined the clinic
- PWD accepted an invitation
- PWD rejected an invitation
- New readings for a PWD has been imported
- New PWD profile has been created

[Open notifications history](#) [Save changes](#)

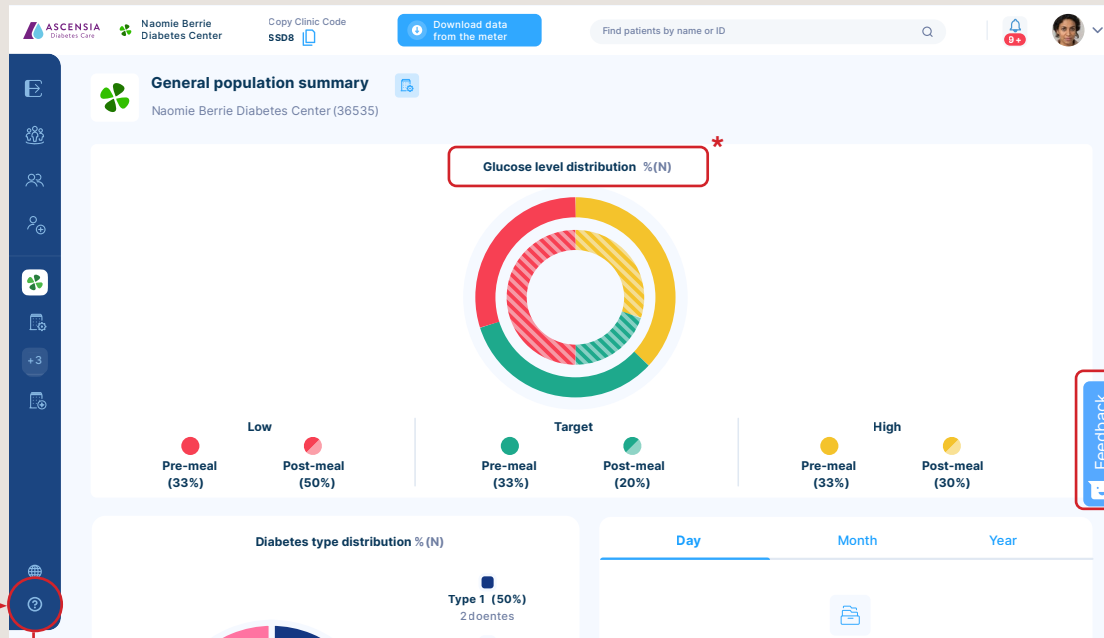
If you have any notifications, a red bar will appear under the notifications icon, along with a number indicating how many you have.

You can access more information about the notification by clicking on the blue highlighted text.

### Notifications

- In Naomie Berrie Diabetes Center clinic a new patient Paul Smith has been added. [Go to patient profile now.](#)
- In Naomie Berrie Diabetes Center clinic a new patient Joe Doe has been added. [Go to patient profile now.](#)
- In Naomie Berrie Diabetes Center clinic for patient Agnes Berry there have been 121 new readings imported. [Go to patient profile now.](#)
- Jonh Wood has accepted your invitation to Naomie Berrie Diabetes Center clinic
- Bart Hanson has accepted your access to Naomie Berrie Diabetes Center clinic
- In Naomie Berrie Diabetes Center clinic for patient Agnes Berry there have been 121 new readings imported. [Go to patient profile now.](#)
- In Naomie Berrie Diabetes Center clinic a new patient Paul Smith has been added. [Go to patient profile now.](#)
- In Naomie Berrie Diabetes Center clinic a new patient Joe Doe has been added. [Go to patient profile now.](#)
- In Naomie Berrie Diabetes Center clinic for patient Agnes Berry there have been 121 new readings imported. [Go to patient profile now.](#)

# Help, Support & Feedback



User guides and the Help Center section can be accessed by clicking on the “?” icon.

Submit a request | Sign in

Search

User Guides

CONTOUR® Diabetes App Guides  
Instructions and user guides

Promoted articles

How to register in GlucoContro.online?

## Support:

For assistance, please contact GlucoContro.Online by email at: **support@glucocontro.online**

For assistance with a CONTOUR® blood glucose meter or the CONTOUR®DIABETES app, please call: **1-800-268-7200** or visit **ascensiadiabetes.ca**

## Feedback:

If you have any feedback you would like to give, this can be done directly from GlucoContro.online.

Click the “**Feedback**” button and then select one of the emojis to rate your experience. This will then provide a comment box for you to add your feedback.

How would you rate your experience?

Hate Love

Next

Tell us about your experience...

Next

\*Glucose level distribution refers to readings in range distribution

SdNcenter is the legal manufacturer and developer of GlucoContro.online and is partnering with Ascensia to market and deliver the tool to HCP and Patient users

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# Notes

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A large white rectangular area with horizontal dotted lines, intended for taking notes.

## Contact us

Our Customer Service team will be happy to assist you with any queries about our products.

For assistance with the GCO portal, please contact GlucoContro.Online by email at: [support@glucocontro.online](mailto:support@glucocontro.online)

For assistance with a CONTOUR® blood glucose meter or the CONTOUR®DIABETES app, please call: **1-800-268-7200** or visit [ascensiadiabetes.ca](http://ascensiadiabetes.ca)